

**2025 FEMALE U13 PROSPECTS**

The Female Under-13 Prospects program has been developed to provide a competitive skill development program for 1st and 2nd year Under-13 players. Modeled after the current male Director’s Cup Prospects, this program is designed as an introduction into the Hockey Manitoba Under-16 and Under-18 Program of Excellence. The mission of this program is to introduce prospective U-18 players to the concepts and skills required to play at the National level before their entrance into the Program of Excellence.

**Program Overview**

* Registration is restricted to Pembina Valley female hockey players born in 2012 or 2013.
* Rosters can include a maximum of 20 players (12 forwards, 6 defense and 2 goalies).
* Program operates over two weekends with the Regional Development Weekend and Female Prospects Tournament Weekend.
* Each weekend includes on-ice skill development lead by Hockey Manitoba on-ice instructors and exhibition games.
* Practice sessions may be scheduled between the Regional Development Weekend and Female Prospects Tournament Weekend for players that are selected.

The Female Prospects Program is a program for emerging high performance athletes that will focus on key concepts and skills applicable to the “Train to Train” athlete development stage and will serve as an important precursor to the Female U16 Program of Excellence, U18 Program of Excellence and U18 Team Manitoba. The Female Prospects program operates annually over the course of two separate weekend events. The first of these events are the Female Prospects Regional Development Tournaments which take place in two locations (East and West) on the first weekend of spring break. The second event is the Female Prospects tournament which takes place on the third weekend of April at the Stride Place in Portage la Prairie. The breakdown of these tournament weekends is as follows:

**Female Prospects Regional Development Tournaments:**

March 28 – 30, 2025 – Central Plains

* Friday PM – Regional exhibition game
* Saturday AM – Forward Skill development Session
* Saturday PM – Defense Skill development Session
* Sunday - Regional exhibition game

**Female Prospects Tournament:**

April 11 – 13, 2024 – Stride Place – Portage la Prairie, MB

* Friday PM – Mixed region game
* Saturday AM – Mixed region game
* Saturday PM – Mixed region game
* Sunday - Mixed region game

The goal of the Female Prospects program is to provide female U13 athletes with the opportunity to participate in skill sessions and competitive games that will prepare them to enter into U15 AAA hockey. Skill sessions at development weekend will be run by Hockey Manitoba/Hockey Canada skill instructors in addition to coaching staffs identified by the region.

Players selected for the Female Under-13 Prospects in their region will then register with Hockey Manitoba via a central registration portal where all applicable program fees are paid.

Expected fee per athletes for the Female Prospects program is approximately $350/athlete.

Expected fee per athletes for the regional Female Prospects practices in March/April is approximately $110/athlete.

2025 RISING STARS PLUS Evaluation Registration Link

<https://permission.click/0KbP4/ca>

For inquiries, please contact [pvmhadevelopment@gmail.com](mailto:pvmhadevelopment@gmail.com)